

IQF Level	3	IQF Credit	4
Approved References	IFRC International First Aid, Resuscitation and Education Guidelines ILCOR Guidelines ANZCOR Emergency Care: A guide for first responders (2025) Wilderness First Aid: Emergency Care in Remote Locations (AAOS, 2022) NOLS Wilderness First Aid (Schimelpfenig, 2021) Austere Emergency Medical Support (DHS, 2025) Special Operations Forces Medical Handbook (US Army, 2025)		
Special Notes	Assessments must be undertaken in actual wilderness conditions such as in bush, jungle, alpine scrub, snow, caves, or desert.		
Designation Requirements	In addition to the minimum requirements to be designated an IPSQA assessor, assessors must also hold all of the following to conduct assessment against the this product. • IPSQA CorePass® First Aid III (Advanced) • A minimum of a Pre-Hospital Emergency Care qualification • A minimum of 200 hours clinical experience in emergency medical and trauma care (under audit/medical authority conditions) • And maintain currency through continuing professional development or maintaining registration or authority to practice. And at least one of the following: • Emergency Care and Safety Institute: Wilderness First Aid Instructor • NOLS Wilderness Medicine Instructor • US Red Cross: Wilderness and Remote First Aid Instructor • Sierra Rescue International: Wilderness Medical Instructor • International Board of Speciality Certification: Certified Wilderness Paramedic • Military Combat Medic course as approved by IPSQA • Equivalent experience to one of the above, with special approval by CEO.		

Identify scene hazards and don and doff PPE to prevent disease transmission in remote settings.		707125D01
Performance	Identify scene hazards and don and doff PPE to prevent disease transmission in remote settings.	
Standards	In accordance with approved references and organisational doctrine.	
Conditions	Given wilderness first aid scenario and resources specified in approved references.	
Comments		

Assess responsiveness and breathing, and activate help appropriately for wilderness contexts.		707125D02
Performance	Assess responsiveness and breathing, and activate help appropriately for wilderness contexts.	
Standards	In accordance with approved references and organisational doctrine.	
Conditions	Given wilderness first aid scenario and resources specified in approved references.	
Comments		

Demonstrate CPR and integrate AED awareness for remote decision-making.	707125D03
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Performance	Demonstrate CPR and integrate AED awareness for remote decision-making.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	Real-time chest compression devices should be used to give feedback to candidates (recommended but not mandatory).

Manage unconscious patient.	707125D04
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Performance	Manage unconscious patient.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	Range: infant, child, adult.

Provide choking care across age groups and transition to CPR when unresponsive.	707125D05
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Performance	Provide choking care across age groups and transition to CPR when unresponsive.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	Range: infant, child, adult.

Control external bleeding using direct pressure and dressings.	707125D06
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Performance	Control external bleeding using direct pressure and dressings.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	

Apply a manufactured tourniquet correctly when direct pressure fails for limb haemorrhage.	707125D07
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Performance	Apply a manufactured tourniquet correctly when direct pressure fails for limb haemorrhage.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	

Apply an improvised tourniquet correctly when indicated and commercial devices are unavailable.	707125D08
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Performance	Apply an improvised tourniquet correctly when indicated and commercial devices are unavailable.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	

Bandage common wounds using cravat, spiral, and figure-eight techniques to secure dressings.	707125D09
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Performance	Bandage common wounds using cravat, spiral, and figure-eight techniques to secure dressings.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	

Perform manual techniques clear obstruction from choking patient.	707125D10
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Performance	Perform manual techniques clear obstruction from choking patient.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	Range: infant, child, adult, escalating approach (cough, back blows, abdominal thrusts).

Use an epinephrine auto-injector safely and monitor for response and evacuation need.	707125D13
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Performance	Use an epinephrine auto-injector safely and monitor for response and evacuation need.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and auto-injector trainer.
Comments	

Perform a full primary and secondary assessment and document.	707225D01
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Performance	Perform a full primary and secondary assessment and document.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	Use SOAP note format or similar.

Identify medical identification tags and integrate findings into assessment and plan.	707225D02
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Performance	Identify medical identification tags and integrate findings into assessment and plan.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	

Explain legal and consent considerations for first aid in remote locations.	707225D03
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Performance	Explain legal and consent considerations for first aid in remote locations.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	

Control external and internal bleeding indicators and prioritise interventions.	707225D04
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Performance	Control external and internal bleeding indicators and prioritise interventions.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	

Pack wounds and secure with pressure bandaging.	707225D05
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Performance	Pack wounds and secure with pressure bandaging.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	Range: must include, but not limited to hemostatic bandage.

Manage burns with cooling, covering, and evacuation criteria.	707225D06
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Performance	Manage burns with cooling, covering, and evacuation criteria.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	

Recognise and manage shock progression and position appropriately.	707225D07
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Performance	Recognise and manage shock progression and position appropriately.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	

Perform treatment for musculoskeletal injuries and monitor neurovascular status.	707225D08
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Performance	Perform treatment for musculoskeletal injuries and monitor neurovascular status.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	Range: may include, but are not limited to: RICE, PEACE & LOVE

Apply slings and swathes for upper limb and clavicle injuries.	707225D09
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Performance	Apply slings and swathes for upper limb and clavicle injuries.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	

Recognise chest and abdominal injury red flags and prioritise evacuation.	707225D11
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Performance	Recognise chest and abdominal injury red flags and prioritise evacuation.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	

Recognise and manage hypoglycaemia and identify when hyperglycaemia is suspected.	707225D12
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Performance	Recognise and manage hypoglycaemia and identify when hyperglycaemia is suspected.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	

Recognise hyperthermia, apply field cooling and evacuation triggers.	707225D13
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Performance	Recognise hyperthermia, apply field cooling and evacuation triggers.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	Range: heat cramps, heat exhaustion, heat stroke.

Recognise hypothermia and frostbite, apply field rewarming and protection.	707225D14
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Performance	Recognise hypothermia and frostbite, apply field rewarming and protection.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	

Determine evacuation urgency and draft a basic evacuation plan.	707225D15
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Performance	Determine evacuation urgency and draft a basic evacuation plan.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	Range: must include, but not limited to communications, location, contingency, roles.

Recognise and manage mild traumatic brain injury indicators and red flags.	707325D01
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Performance	Recognise and manage mild traumatic brain injury indicators and red flags.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	

Recognise chest injury patterns and manage breathing difficulty.	707325D02
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Performance	Recognise chest injury patterns and manage breathing difficulty.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	

Recognise abdominal and pelvic injury signs and protect from worsening.	707325D03
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Performance	Recognise abdominal and pelvic injury signs and protect from worsening.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	

Identify fracture/dislocation indicators and set immobilisation and evacuation decisions.	707325D04
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Performance	Identify fracture/dislocation indicators and set immobilisation and evacuation decisions.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	

Manage common wounds including cleansing, closure considerations, and tetanus referral triggers.	707325D05
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Performance	Manage common wounds including cleansing, closure considerations, and tetanus referral triggers.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	

Recognise dehydration and electrolyte imbalance and implement oral rehydration strategies.	707325D06
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Performance	Recognise dehydration and electrolyte imbalance and implement oral rehydration strategies.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	

Recognise altitude-related illness warning signs and decide on descent and treatment priorities.	707325D07
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Performance	Recognise altitude-related illness warning signs and decide on descent and treatment priorities.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	

Recognise asthma and respiratory distress and support medication plans and monitoring,	707325D08
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Performance	Recognise asthma and respiratory distress and support medication plans and monitoring,
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	

Recognise seizure presentations, protect from injury, and manage post-ictal care.	707325D09
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Performance	Recognise seizure presentations, protect from injury, and manage post-ictal care.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	

Recognise bites and stings and apply region-appropriate first aid and evacuation triggers.	707325D10
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Performance	Recognise bites and stings and apply region-appropriate first aid and evacuation triggers.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	Range: may include, but not limited to insect, tick, reptile, animal.

Plan and execute emergency rescue moves and prioritise multiple casualties.	707325D11
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Performance	Plan and execute emergency rescue moves and prioritise multiple casualties.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	Range: uneven terrain, improvised devices, proprietary devices.

Distinguish sprain, strain, fracture, dislocation and identify urgent evacuation indicators.	707325D12
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Performance	Distinguish sprain, strain, fracture, dislocation and identify urgent evacuation indicators.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	

Measure vital signs and correctly chart trends.	707325D13
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Performance	Measure vital signs and correctly chart trends.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	Range: LOR, HR, RR, skin, pupils, pain.

Explain physiology of, and medical response to drowning.	707325D14
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Performance	Explain physiology of, and medical response to drowning.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	May include use of mini-bag valve mask, management of surfactant, offer floatation, removal from water, avoiding hypothermia.

Select and operate emergency communication devices.	707325D15
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Performance	Select and operate emergency communication devices.
Standards	In accordance with approved references and organisational doctrine.
Conditions	Given wilderness first aid scenario and resources specified in approved references.
Comments	Range: may include, not limited to radio, satellite, EPIRB, PLB.

Describe management of unresponsive avalanche victims.	707325D16
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Performance	Describe management of unresponsive avalanche victims.
Standards	In accordance with approved references.
Conditions	Given access to European Resuscitation Council Guideline avalanche rescue algorithm or ILCOR equivalent.
Comments	