

# Syllabus Report (SYL)

## CorePass® Psychological First Aid II (Intermediate)



7049:2025

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<b>IQF Level</b>	3	<b>IQF Credit</b>	2
<b>Approved References</b>	A guide to Psychological first aid (IFRC, 2018)   Mental Health First Aid Manual (Kitchener & Jorm)   Psychological First Aid Field Operations Guide (National Child Traumatic Stress Network)   Psychological First Aid: Guide for Field Workers (World Health Organization)   Trauma-Informed Care in Behavioural Health Services (SAMHSA)   Mental Health First Aid (Hato Hone St John)   Mental Health First Aid ® International		
<b>Special Notes</b>			

### Prerequisites

1	CorePass® Psychological First Aid I (Basic)
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### Assess mental health challenges in high-stress scenarios

704925D01

Performance	Identify symptoms of severe psychological distress.
Standards	In accordance with approved references.
Conditions	Given ethically sourced recordings, simulation via actors or simulated visual aids.
Comments	Range: trauma, suicidal ideation.

### Apply trauma-informed care principles during interventions.

704925D02

Performance	Apply trauma-informed care principles during interventions.
Standards	In accordance with approved references.
Conditions	Given role play scenarios involving high stressed individuals.
Comments	Range: safety, trustworthiness, collaboration, empowerment, cultural sensitivity.

### Provide support to grief and loss situations.

704925D03

Performance	Apply empathetic communication and appropriate resources for individuals experiencing bereavement.
Standards	In accordance with approved references.
Conditions	Given a scenario involving grief or loss.
Comments	

### Develop a plan for escalating mental health crises.

704925D04

Performance	Create a step-by-step plan to address individuals' moving from minor to moderate mental distress.
Standards	In accordance with approved references.
Conditions	Given group activity or individual exercise.
Comments	

<b>Recognise risk factors for suicide and self-harm behaviours.</b>		<b>704925D05</b>
Performance	Identify warning signs and immediate intervention strategies for individuals at risk.	
Standards	In accordance with approved references.	
Conditions	Given group activity or individual exercise.	
Comments		
<b>Apply advanced active listening skills under pressure.</b>		<b>704925D06</b>
Performance	Use reflective listening techniques to de-escalate high stress conversations.	
Standards	In accordance with approved references.	
Conditions	Given role play scenarios involving high stressed individuals.	
Comments		
<b>Coordinate referrals to professional services or social supports.</b>		<b>704925D07</b>
Performance	Identify appropriate referral pathways based on provided case details.	
Standards	In accordance with approved references.	
Conditions	Given group activity or individual exercise requiring referral decision/s.	
Comments		
<b>Apply interventions for vulnerable populations.</b>		<b>704925D08</b>
Performance	Adjust psychological first aid approaches to meet needs of different vulnerable groups.	
Standards	In accordance with approved references.	
Conditions	Given group activity or individual exercise.	
Comments	Range: May include, but not limited to: children, older adults, individuals with disabilities, culturally diverse populations, incarcerated.	
<b>Identify and describe individual resilience-building practices.</b>		<b>704925D09</b>
Performance	Identify and describe individual resilience-building practices.	
Standards	In accordance with approved references.	
Conditions	Given group discussion or individual activity.	
Comments	Range: may include, but not limited to: mindfulness, problem-solving techniques, social support engagement.	
<b>Demonstrate knowledge of ethical considerations in psychological first aid.</b>		<b>704925D10</b>
Performance	Demonstrate knowledge of confidentiality, boundaries, and informed consent when providing psychological first aid.	
Standards	In accordance with approved references and the "do no harm" principles.	
Conditions	Given case studies or group discussion highlighting ethical dilemmas in mental health crises.	
Comments		
<b>Reflect on and adjust personal communication style in high-stress situations.</b>		<b>704925D11</b>
Performance	Reflect on and adjust personal communication style in high-stress situations.	
Standards	In accordance with approved references.	
Conditions	Given role play scenarios with feedback on communication effectiveness.	
Comments	Focus on maintaining calmness, clarity, and empathy.	

<b>Apply practical psychological first aid to complex situations.</b>	<b>704925D12</b>
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Performance	Apply practical psychological first aid to complex situations involving trauma, grief or suicidal ideation.
Standards	In accordance with approved references and the "look, listen, link" framework.
Conditions	Given supervised role-play.
Comments	Scenarios should reflect real-world situations candidates are likely to encounter, to test adaptability and decision making.

<b>Document interventions appropriately for continuity of care.</b>	<b>704925D13</b>
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Performance	Record observations, actions taken, and outcomes during psychological first aid intervention.
Standards	In accordance with approved references, privacy and patient rights, and organisational doctrine.
Conditions	Given provided form or template.
Comments	Focus on accuracy, clarity and adherence to ethical and legal requirements.

<b>Coordinate multi-agency referrals.</b>	<b>704925D14</b>
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Performance	Identify appropriate referral pathways for individuals requiring additional support beyond psychological first aid and facilitate connections with relevant services.
Standards	In accordance with approved references, privacy and patient rights, and organisational doctrine.
Conditions	Given practical exercises involving referral decision-making based on complex case examples.
Comments	

<b>Identify legal considerations pertaining to the provision of psychological first aid.</b>	<b>704925D15</b>
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Performance	Identify legal considerations pertaining to the provision of psychological first aid.
Standards	In accordance with local laws and other regulatory instruments.
Conditions	
Comments	Range: may include, but not limited to Health & Disability Patient Rights Code, privacy law, good samaritan law.