

Syllabus Report (SYL)

CorePass® Competent Life Jacket User



7028:2024

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IQF Level	2	IQF Credit	1
Approved References	Life Jackets https://rnli.org/safety/lifejackets (RNLI) Lifejackets https://lifejackets.org.au/ (Australia New Zealand Safe Boating Education Group Swimming & Lifesaving: Wafer Safety for all Australians 6th Edition (Royal Life Saving Australia) American Red Cross Lifeguarding Manual (American Red Cross, 2024) Inflatable lifejackets for recreational boating: guidelines for choosing, servicing and wearing lifejackets (Maritime New Zealand) OSHA Standard 29 CFR 1926.106 Hooked on Life Jackets (Canadian Safe Boating Council		
Special Notes	Swimming apparel must be worn and may include wet suit, dry suit or full length swim wear and head cover as appropriate to cultural requirements. This assessment shall only be conducted in safe flat water environments up to Class I (fresh or salt water). Heavy clothing may only be used as part of the assessment in water limited in depth so the user can stand up if in difficulty. A helmet may also be worn if appropriate.		

Identify and differentiate between the main types of life jackets 702824D01

Performance	Identify and differentiate between the main types of life jackets, explaining their appropriate uses in various industrial settings and water conditions.
Standards	In accordance with approved references.
Conditions	Given selection of different life jackets, sizes and range of notional scenarios.
Comments	Range: foam, hybrid, manual and automatic life jackets. Consideration must be given if working with heavy tools, clothing or ensemble that may require a higher life jacket buoyancy rating.

Demonstrate the correct method for donning, adjusting, and securing a life jacket 702824D02

Performance	Demonstrate the correct method for donning, adjusting, and securing a life jacket to ensure proper fit and maximum effectiveness.
Standards	In accordance with approved references.
Conditions	Given life jacket suitable for situation.
Comments	Range: must include manual inflatable life jacket and at least one of the following life jackets: automatic inflatable, hybrid, foam. Where an inflatable lifejacket is used, candidate must also demonstrate deflation and oral inflation whilst wearing the device.

Perform a comprehensive pre-use inspection of life jackets. 702824D03

Performance	Perform a comprehensive pre-use inspection of life jackets, including checking for wear, damage, and proper inflation mechanisms.
Standards	In accordance with approved references.
Conditions	Given life jacket suitable for situation.
Comments	

Recognize and interpret the key features and markings on life jackets. 702824D04

Performance	Recognize and interpret the key features and markings on life jackets, including SOLAS approval, standards, and buoyancy ratings
Standards	In accordance with approved references.
Conditions	Given life jacket suitable for situation.
Comments	

Describe the regulatory requirements and standards for life jacket use in industrial settings. 702824D05

Performance	Describe the regulatory requirements and standards for life jacket use in industrial settings.
Standards	In accordance with approved references.
Conditions	Given access to local regulatory information sources.
Comments	May include access to government regulatory or safety bodies.

Define and describe the processes of drowning and cold water immersion. 702824D06

Performance	Define and describe the processes of drowning and four phases of cold water shock.
Standards	Provides lay person explanation, in accordance with approved references and peer reviewed academic literature.
Conditions	
Comments	Drowning definition should be consistent with that established by the World Congress on Drowning. Four phases of cold water shock by Prof. Michael Tipton is recommended.

Identify and check additional safety features on modern life jackets. 702824D07

Performance	Identify and check additional safety features on modern life jackets.
Standards	In accordance with approved references and manufacturers instructions.
Conditions	
Comments	Range: whistles, reflective tape, water activated lights, and personal locator beacons (or similar technology), crouch straps, tether/lifting points.

Demonstrate proper techniques for entering and exiting water while wearing a life jacket. 702824D08

Performance	Demonstrate proper techniques for entering and exiting water while wearing a life jacket.
Standards	In accordance with approved references.
Conditions	Given suitable life jacket for situation and safe means to enter and exit water.
Comments	Must include doffing life jacket at conclusion.

Demonstrate the correct use of a throw bag for flat water rescue. 702824D09

Performance	Demonstrate the correct use of a throw bag for flat water rescue, including proper throwing and receiving techniques, and communication.
Standards	In accordance with approved references.
Conditions	Given victim wearing life jacket in water within 3-10m distance from rescuer (on shore) and suitable throw bag.
Comments	

Explain the maintenance, storage, and service requirements for different types of life jackets. 702824D10

Performance	Explain the maintenance, storage, quarantine, and service requirements for different types of life jackets, including the importance of regular inspections and replacement schedules.
Standards	In accordance with approved references, regulatory requirements and manufacturers instructions.
Conditions	Given access to approved references.
Comments	Quarantine refers to taking the life jacket out of service to be repaired or disposed of.

Identify specialist equipment and technology for water safety in the workplace. 702824D11

Performance Identify specialist equipment and technology for water safety in the workplace.
Standards In accordance with approved references and industry developments.
Conditions
Comments Range: Minimum of 5 from the following: water drone (i.e. USAFE), telescopic reach pole systems (i.e. Reach & Rescue), life rings/buoys, artificial intelligence camera (accidental immersion detection and notification), inflatable safety tubes, satellite messaging device (i.e. InReach), marine rescue GPS (i.e. Nautilus Lifeline).

Write job safety analysis for working near water. 702824D12

Performance Write job safety analysis for working near water.
Standards In accordance with approved references and organisational doctrine.
Conditions Given actual worksite or case study location that has a flat water hazard, and JSA template form.
Comments Range: must include but not limited to: job/task identification, job steps, hazard identification, risk assessment, preventative measures/controls, emergency plan and contacts.

Where organizations use a similar safety document or system (i.e. RAMS), it may be used in substitute providing range is covered.

Observe the use of a reach device to effect conditional rescue from water. 702824D13

Performance Observe the use of a reach device to effect conditional rescue from water.
Standards In accordance with approved references.
Conditions Given victim wearing life jacket in water within 3-10m distance from rescuer (on shore) and suitable reach device (fixed or telescopic pole).
Comments

Observe the use of a ring buoy to effect conditional rescue from water. 702824D14

Performance Observe the use of a ring buoy to effect conditional rescue from water.
Standards In accordance with approved references.
Conditions Given victim wearing life jacket in water within 3-10m distance from rescuer (on shore) and suitable tethered ring buoy.
Comments

Identify and interpret common terms, markings and abbreviations relating to life jackets. 702824D15

Performance Identify and interpret common terms, markings and abbreviations relating to life jackets.
Standards In accordance with approved references.
Conditions Given a set of examples (i.e. photographs or physical examples).
Comments Range: buoyancy levels (i.e. 100N, 150N, 275N), SOLAS, IMO, CO2, ISO 12402 Series, CE, US Coast Guard Types I-V, PFD, hydrostatic, EPIRB, PLB, Newtown (force). Must also include differentiating between Life Jackets and Personal Floatation Devices.